



Naturally Lean Pro
Weight Management Support***
90 TABLETS

NATURALLY LEAN PRO

DESCRIPTION

Naturally Lean Pro, manufactured by Douglas Laboratories, is a dietary supplement providing (-)hydroxycitric acid from standardized *Garcinia cambogia* extract, niacin-bound chromium, and a special formula of traditional Chinese herbs.

FUNCTIONS

Naturally Lean Pro delivers a unique combination of key dietary factors that provide support during sensible weight management programs, such as those involving consistent, moderate dietary restriction and regular exercise.

(-)Hydroxycitric Acid. Each tablet of **Naturally Lean Pro** provides 250 mg of (-) hydroxycitric acid from 500 mg of a high-quality, standardized *Garcinia cambogia* extract. This natural extract comes from a tropical fruit grown in several Asian rain forest areas. Research shows that (-)hydroxy-citric acid helps maintain a healthy balance of hepatic lipogenesis and gluconeogenesis, thus preventing excessive conversion of glucose from dietary carbohydrate into body fat. Further, research indicates that (-)hydroxycitric acid plays an important role in the regulation of normal appetite. Unlike many commonly used diet ingredients, (-)hydroxy-citric acid is not a central nervous stimulant, and will not lead to side effects such as insomnia, nervousness, depression, hypertension, rapid heart rate, addiction, or withdrawal symptoms.

Chromium. This essential trace mineral potentiates insulin action and thus influences carbohydrate, protein, and fat metabolism. In its biologically active form, sometimes called glucose tolerance factor (GTF) from brewer's yeast, chromium is associated with nicotinic acid (vitamin B₃). Chromium polynicotinate closely resembles the brewer's yeast GTF in both biological activity and chemical composition as it also contains chromium associated with nicotinic acid. Chromium polynicotinate is yeast-free and has documented high bioavailability.

The typical dietary chromium intake in the U.S. can vary considerably depending on eating habits. Most self-selected diets contain less than 50 mcg per day, which is below the minimum of the Estimated Safe and Adequate Daily Dietary Intake established by the National Research Council, Food and Nutrition Board.

Chinese Herbal Formula. **Naturally Lean Pro** includes a unique formulation of five high quality traditional Chinese herbs that work in synergy with the main ingredients, (-) hydroxycitric acid and chromium. The herbal formula was expertly developed exclusively for Douglas Laboratories, and each herbal ingredient has a long history of use dating back many hundreds or even thousands of years. Collectively, the herbal formula supports normal digestive function as well as the body's natural detoxification processes by the liver and kidneys.

INDICATIONS

Naturally Lean Pro may be taken as a dietary supplement for individuals who wish to support sensible weight management.

* Citrimax brand of (-)hydroxycitric acid from 500 mg standardized *Garcinia cambogia* extract.

** ChromeMate® brand of niacin-bound GTF chromium, U.S. patent # 4,923,855.

Citrimax® and ChromeMate® are trademarks of InterHealth Company

SIDE EFFECTS

No adverse effects have been reported.

SUGGESTED USAGE:
As a dietary supplement, adults take 2 tablets three times daily before meals or as directed by healthcare professional.

****ChromeMate** Brand of niacin-bound GTF chromium, U.S. patent # 4,923,855

******CitriMax** Brand of (-)hydroxycitric acid.

CitriMax and **ChromeMate** are Trademarks of InterHealth Company.

KEEP OUT OF REACH OF CHILDREN
For optimal storage conditions, store in a cool, dry place. (59°-77°F - 15°-25°C) (35%-65% relative humidity).

Manufactured by: DOUGLAS LABORATORIES
Pittsburgh, PA 15205 • www.douglaslabs.com

Tamper resistant package, do not use if outer seal is missing. **PY115274-01**

Supplement Facts
Serving Size 2 tablets
Servings Per Container (45)

Amount Per Serving	%DV
Chromium 100 mcg (as chromium Polynicotinate**)	83%
<i>Garcinia Cambogia</i> 1,000 mg Fruit, dried extract containing 500 mg (-) Hydroxycitric Acid ****	*
Green Tea Leaf..... 120 mg	*
Peony Root.....80 mg	*
Ginger Root.....60 mg	*
Fenugreek Seed.....40 mg	*
Chinese Licorice Root.....20 mg	*

*Daily Value not established.

Other ingredients: Cellulose, vegetable stearate, titanium dioxide, silica and natural carmine red.

***This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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